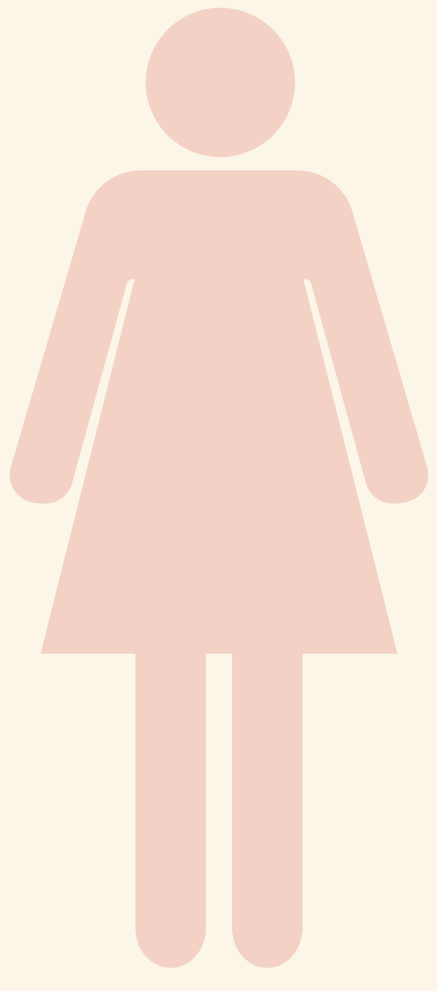


# Binge Eating Statistics



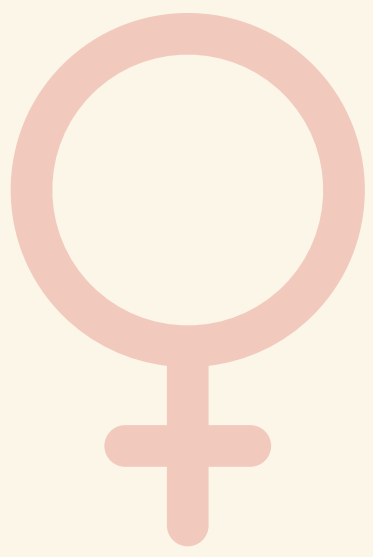
Binge Eating Disorder is most prevalent among women.



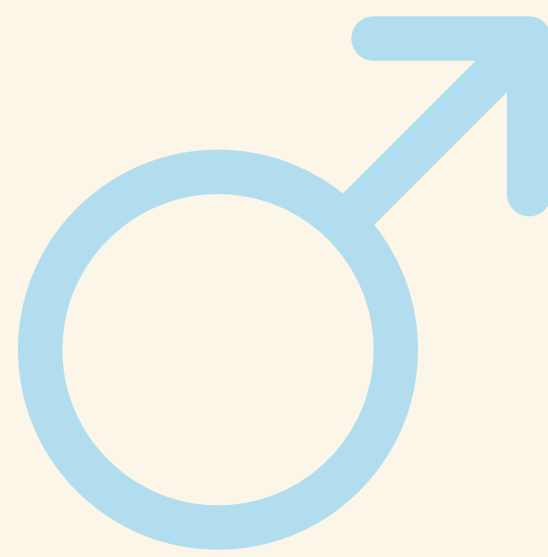
Many people who have binge eating disorder will never be diagnosed by their doctor.

## 2.8 Million People

It is estimated that over 2.8 million people in the US suffer from Binge Eating Disorder



3.5%  
of women have binge eating disorder



2%  
men have binge eating disorder

Binge Eating episodes are defined by three or more of the following habits:

- + Eating faster than usual
- + Eating until uncomfortably full
- + Feeling disgusted or guilty after overeating
- + Eating large amounts of food even when you're not physically hungry
- + Eating alone because you feel embarrassed about the amount of food you eat



## Health Consequences of Binge Eating Disorder

