

2nd Annual Southeastern Eating Disorder Conference

Integrative Treatment for Eating Disorders

February 17-19, 2011

The Georgia Center, The University of Georgia's
Conference Center, Athens, Georgia

14.50 CE contact hrs. offered

Be a part of an evolution in understanding and treating Eating Disorders. You will hear current experts in eating disorders, including those with interests in the fields of Western, complementary and alternative medicines, broadening your view about working with Eating Disorders. We invite you to join us for this information-packed weekend, and earn CEU's when you attend.

Who Should Attend: Mental health professionals who work with children, adolescents, adults, and families with eating disorders.

COST - 3-Day Workshop:

\$150 before January 14, 2011

After January 14, 2011 - \$189



PRESENTERS:



Ralph Carson, PHD, RD, LD - Remuda Ranch - Nationally recognized clinical nutritionist and exercise physiologist. (Sponsored by Remuda Ranch)



Rebecca Cooper, LMFT, CEDS - Rebecca's House - Author of "Diets Don't Work", Rebecca has many published articles about addiction and eating disorders and has appeared on TV, radio and internet.



Judy Crane, LMHC, CAP, CSAT, The Refuge - Judy earned her B.A. from Rutgers, M.A. from New York Institute of Technology and is a Certified Addiction Professional in Florida, Certified Sex Addiction Therapist, a certified hypnotist, EMDR and a specialist for healing trauma and PTSD.



Meghan Hahn, RD, LD - Hyde Park Counseling - Licensed dietitian/nutritionist, Meghan actively works with clients to legalize all foods and to get back in touch with intuitive eating.



Craig Johnson, PHD, FAED, CEDS - Eating Recovery Center - Chief Clinical Officer at Eating Recovery Center and Clinical Professor of Psychiatry at the University of Oklahoma Medical School, Dr. Johnson has been a leader in the field of eating disorders for over 30 years. (Sponsored by ERC)



Cathy Reto, PHD - Director of Pine Grove Behavioral Health - Dr. Reto's areas of expertise include psychology of normal eating, eating and weight disorders, body image distortion, compulsive overeating, childhood trauma, and chemical dependence.



Carolyn Ross, MD - Consultant at The Ranch & Integrative Life Center, Carolyn is a well-known author, speaker and expert in the field of Eating Disorders and Integrative Medicine.



Nina Kram Schlachter, DO - Ridgeview Institute - Dr. Schlachter is Program Director for Women's Services at Ridgeview Institute.



Nicole Siegfried, PHD, CEDS - Magnolia Creek - Clinical psychologist and Director of Magnolia Creek Treatment Center for Eating Disorders.

EVENT REGISTRATION: <http://www.recoveryranch.com/workshops/>



Conference Schedule & Registration

(Schedule subject to change)

Thursday February 17, 2011

- 4:00-5:30 Welcome
- 5:30 Reception
- 7:00-8.30 Rebecca Cooper (1.5 CE contact hrs.):
Eating Disorders and Brain Wellness**

Friday, February 18, 2011

- 8:30 Welcome and Announcements
- 9:00-10:30 Nina Schlachter (1.5 CE contact hrs.):
Eating Disorders: Nature vs. Nature**
- 10:30 Break in Exhibit Hall with Sponsors and Exhibitors
- 10:45-12:15 Judy Crane (1.5 CE contact hrs.):
Trauma and the Process Addiction**
- 12:15 Lunch
- 12:30 Break in Exhibit Hall
- 1:30-3:30 Ralph Carson (2 CE contact hrs.):
How Much Snooze can you
Afford to Lose?**
- 3:30 Break in Exhibit Hall with Sponsors and Exhibitors
- 3:45-5:15 Cathy Reto (1.5 CE contact hrs.):
Therapeutic Complexities of Treating
Bariatric Clients.**

Friday (cont. from first column)

- 5:15 Break
- 5:30 12 step meeting
- 6:30 Dinner on your own

Saturday, February 19, 2010

- 8:00 Coffee in Exhibit Hall
- 8:30-10:30 Craig Johnson (2 CE contact hrs.):
The Role of the Family in the
Treatment of Eating Disorders**
- 10:30 Break in Exhibit Hall with Sponsors and Exhibitors
- 10:45-12:15 Nicole Siegfried (1.5 CE contact hrs.):
The Truth about Suicide, Self-Harm
and Eating disorders**
- 12:30 Lunch
- 1:30-3:00 Megan Hahn (1.5 CE contact hrs.):
Foods and Mood**
- 3:00 Break in Exhibit Hall with Sponsors and Exhibitors
- 3:15-4:45 Carolyn Ross (1.5 CE contact hrs.):
Integrating Treatment for
Eating Disorders and Trauma**
- 4:45 End of Conference

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Register on-line, or send check payable to: "Hyde Park Counseling", and mail to: Hyde Park Counseling Center, 207 W. Verne St., Tampa, FL 33606. (Attn: Fern Hill, C.E.O. & in memo add: Southeastern Eating Disorder Conference)

ROOM RESERVATIONS: The Georgia Center, The University of Georgia's Conference Center and Hotel, 1197 South Lumpkin, Athens, GA 30602. **Call: 1-706-542-2654 or see their website: georgiacenter.uga.edu.** A special room rate of \$104 for single & \$119 for double and includes hot breakfast in the Courtyard Café. **The room code is: 71350**

CONTINUING EDUCATION CREDIT: CE credit for this event is sponsored by The Institute for Continuing Education. The program offers a total of 14.50 contact hours. Credit is awarded on a daily basis, with full daily attendance required. There is no additional fee for CE credit. Application forms will be available on site. If you have questions regarding CE credit, or for a listing of learning objectives, please contact The Institute for Continuing Education at: 800-557-1950 / FAX: 866-990-1960. Continuing Education credit is offered for the disciplines of: psychology (APA provider 823), social work (ASWB provider 1007), counseling (NBCC provider 5643), marriage/family therapy (FL Board provider BAP 255); drug-alcohol (NAADAC provider 00243). This event is appropriate for mental health professionals of all skill levels. Please refer to the registration website, <http://www.recoveryranch.com/workshops/>, for complete information on continuing education credit.

CANCELLATION POLICY: All refund requests must be in writing and received no later than end of business 5:00 p.m. CST, January 8, 2011. A \$25 administrative fee will be charged for cancellations. Refunds will not be issued after January 8, 2011, substitutions of attendees may be made at any time without charge. We reserve the right to offer qualified substitute presenters in the event of an emergency. Every effort will be made to immediately notify registrants of changes. Send cancellations to: Monnie Furlong, Integrative Life Center, 1104 16th Avenue S., Nashville, TN 37212. If you have special needs, please contact: Monnie Furlong 615-891-2226.

SUSTAINING SPONSORS:

